MSA Mission Support Alliance

Memorandum

June 2, 2020

TO: All MSA and Partner Employees
FROM: Bob Wilkinson, President
Amy Basche, Chief Operations Officer

SUBJECT: Family Wellness Check

PLEASE SHARE THIS MESSAGE WITH THOSE WHO ARE NOT ON COMPUTERS

So much of what we communicate is focused on updating our workforce and giving you information you need to know. Today we simply want to do a "wellness check" on our MSA family. We know that the last few months have caused many of us to feel a greater amount of stress, both professionally and personally. And certainly, the current events of the last week in our nation are adding to that. While the way we experience and process these things is completely personal and different for each of us, we are still in this together.

Stress often manifests in many ways, and can cause anxiety, anger, depression and more. It's important to check in on yourself and your MSA family members. It's important that we take care of ourselves, both physically and mentally. We need to continue to treat one another with kindness and respect, no matter the situation. You'll often hear us say, usually in regards to safety or ethics and compliance, "if you see something, say something" – and that also applies to the overall wellbeing of our workforce. If you're struggling, or see or sense that someone else might be struggling, say something. Reach out – ask for help or offer a helping hand.

Our Employee Assistance Programs are an excellent resource when someone is feeling overwhelmed. More information about EAP can be found here. If you or someone else needs additional resources, talk to your managers, to Human Resources or reach out to one of us. You are the most important part of our success as a company and your health, safety and wellbeing will always be a priority. Be well.

MSA employees are required to report fraud, waste, abuse, misuse, corruption, criminal acts or mismanagement.